

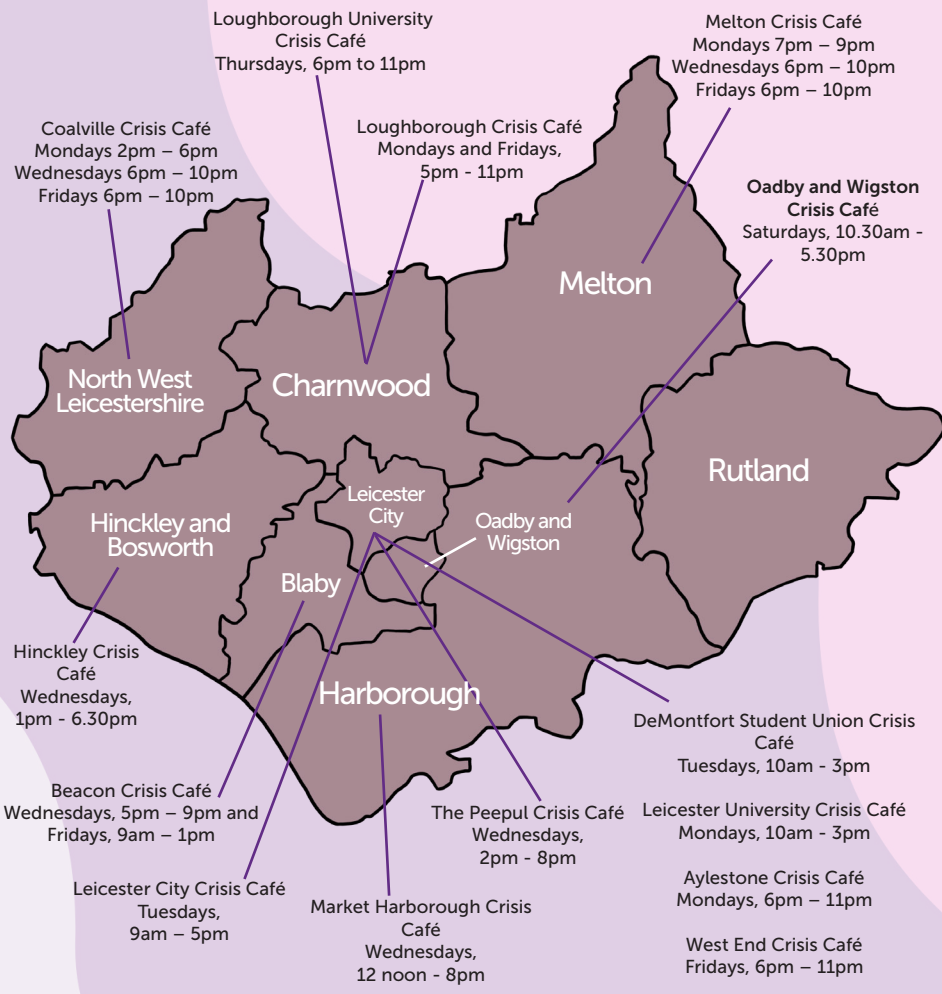


Crisis Café Network

Leicester, Leicestershire and Rutland

Local support for people who need immediate
help with their mental health





City Crisis Cafés

Aylestone Crisis Café - provided by Mental Health Matters
 Aylestone Baptist Church, Lutterworth Road, Leicester, LE2 8PE
 Phone: 07816 350 215 Email: mhm.leicestercrisiscafes@nhs.net

DeMontfort Student Union Crisis Café - provided by Mental Health Matters
 DeMontfort University Students Union, Mill Lane, Leicester, LE2 7DR
 Phone: 07816 350 215 Email: mhm.leicestercrisiscafes@nhs.net

The Peepul Crisis Café - provided by the Peepul Centre
 Peepul Centre, Orchardson Avenue, Leicester, LE4 6DP
 Phone: 0116 261 6000

Leicester City Crisis Café - provided by Turning Point
David Wilson Foundation Centre, St Martin's House, 7 Peacock Lane,
Leicester, LE1 5PZ
Email: leicestershire.helpline@turning-point.co.uk

Leicester University Crisis Café - provided by Mental Health Matters
Leicester University Students Union, Percy Gee Building, University Road
Leicester, LE1 7RH
Phone: 07816 350 215 Email: mhm.leicestercrisiscafes@nhs.net

West End Crisis Café - provided by Mental Health Matters
Robert Memorial Hall, 147 Narborough Road, Leicester, LE3 0PD
Phone: 07816 350 215 Email: mhm.leicestercrisiscafes@nhs.net

County Crisis Cafés

Beacon Crisis Café - provided by Beacon Care and Advice CIC
The Wellbeing Hub, Lutterworth Leisure Centre, Coventry Road, Leicester,
LE17 4RB
Phone: 0755 1940 068 (texts preferred during café hours)

Coalville Crisis Café - provided by Marlene Reid Community Action
Marlene Reid Community Action, 85 Belvoir Road, Coalville, LE67 3PH
Phone: 01530 510515

Hinckley Crisis Café - provided by Turning Point
Hinckley Baptist Church, Baptist Walk, Hinckley, Leicester, LE10 1PR
Email: leicestershire.helpline@turning-point.co.uk

Loughborough Crisis Café - provided by Turning Point
Loughborough Wellbeing Centre, Asha House, 63 Woodgate,
Loughborough LE11 2TZ
Email: leicestershire.helpline@turning-point.co.uk

Loughborough University Crisis Café - provided by Mental Health Matters
Student Services, Bridgeman Building, Loughborough University, Epinal
Way, Loughborough, Leicestershire, LE11 3TU
Phone: 07816 350 215 Email: mhm.leicestercrisiscafes@nhs.net

Market Harborough Crisis Café - provided by Turning Point
The Symington Building, Adam & Eve Street, Market Harborough, Leicester,
LE16 7LT
Email: leicestershire.helpline@turning-point.co.uk

Melton Crisis Café - provided by Sunny Skies CIC
Melton Mowbray Country Park Café, Wymondham Way, Melton
Mowbray, Leicestershire LE13 1HX
Phone: 07486 594 363

Oadby and Wigston Crisis Café - provided by Turning Point
40 Bell Street, Wigston, Leicestershire, LE18 1AD
Email: leicestershire.helpline@turning-point.co.uk

Information on the Crisis Cafés may be subject to change. For up to date information on days, times and locations, as well as large print, other languages and easy read visit:

www.leicspart.nhs.uk/services/crisis-cafes

What is a Crisis Café?

Crisis Cafés offer local support for people who need immediate help with their mental health.

The cafés are drop-in centres for anyone to come and talk to us about their mental health in confidence - no appointment needed. They are run by partners on behalf of the NHS.

We have supportive, trained staff who can listen and provide the practical support you need.

If you need urgent mental health support, call our free 24/7 Mental Health Central Access Point on 0808 800 3302. Always call 999 if there is a physical threat to life.

www.leicspart.nhs.uk/mental-health

