

FEELING

OVERWHELMED,

STRUGGLING AND

NEED SOMEONE TO

TALK TO?



**COME ALONG
EVERY THURSDAY**

0930 - 1130AM

TEA, TALK

JAMES WHITE

07928500375

RECOVERY SUPPORT WORKER

AND

TOAST



GLEN HILLS LIBRARY AND

THE PARK CAFE

50 DOROTHY AVENUE

LE2 9JD

